

Congratulations!

To **Armand Auger MD**, for election to a second term on the MAFP Board of Directors during the April MAFP Annual Update. The conference took place during a snowstorm resulting in a power failure affecting more than 300,000 homes and business, including the conference venue. **Dr. Auger** presented a talk on cancer screening for primary care practitioners as a substitute lecturer during the power failure and a talk on the ABFM board review module for pain medicine.

Julia McDonald DO gave an outstanding presentation on transgender health for family physicians.

To **Tristan Reynolds DO** for his nomination to the MOA Board of Directors.



June Community Service Project

FM residents participated in an afternoon of service at the Greater Waterville Food Bank on June 11. In addition to performing much-needed chores for the food bank, residents learned about the value of this resource to their patients in the community.



Welcome to our new trainees!

Family Medicine Residents: Micheal Akinboro MD, MPH, Dr PH, Hannah Diou-Cass DO, Katherine Dobosh DO, MA, MPH, Emmanuel Ebhohimen MD, Joshua Eyitemi MD, MPH, Erin Lewis DO, Jo Oppenheimer MD, Brianna Petrone MD, PhD, Kelly Shoulders DO, and Taylor Simao MD, *who bonded on Burnt Island during their Clinic First rotation in a team-building experience with Hurricane Island Outward Bound.*

ONMM3 Residents: Gage Bollinger DO, Connie Earl DO, Travis Frazier MD, Jenny Ho DO, *who have been busy coordinating the August osteopathic didactic session for FM residents.*

Sports Medicine Fellows: Christoffer Amdahl MD, Travis Kinane DO, *who helped provide medical services for the Augusta Maine triathlon.*

Geriatric Medicine Fellow: Miriam Uduebor, MD, MPH, *who is settling into geriatrics fellowship after sharing the lovely poem on p. 2 at MDFMR's June graduation ceremony.*

New DEIA Curriculum

MDFMR has joined >40 FM programs nationally to implement and study a new longitudinal DEIA curriculum, developed with support from STFM. The curriculum is intended to be easy to access and use. Much gratitude to **Kate Anderson MD** for her co-authorship on the curriculum, which has been the focus of her sabbatical and will support the important role that GME must play in reversing health care disparities. View the curriculum here:

<https://www.stfm.org/DEIACurriculum>

New Mission!

MDFMR has a new institutional mission statement, approved by the Board of Directors:

Our mission is to educate, inspire, and empower generations of physicians dedicated to equitable and compassionate care for the community.

Committee Leaders Wanted

We are in need of chairs for 2 institutional committees, the Wellness Committee and the DEI Committee. Faculty interested in leading efforts in these areas should reach out to [Kate Hoffmann](#) or [Michelle Bragg](#).

Graduation Celebrations!

Maine Dartmouth Sports Medicine fellows celebrated their upcoming graduation by donning their new program director socks (courtesy of [Dr. Rob Stevens](#)):



Many tears were shed saying goodbye to the ONMM3 Residency Class of 2024 at their graduation party:



Family medicine Class of 2024 posed for a final photo:



Ironman Augusta Maine



The 2024 IRONMAN 70.3 Maine took place on July 28. [Tom Hoke MD](#) served as lead physician/medical control and [Chris Lutrzykowski MD](#) served as lead swim physician. Over 100 athletes sought medical care during the event. A huge thanks to everyone

in the MDFMR community who volunteered!

Where I'm From

By [Miriam Ibhade Uduebor](#)

Inspired by MDFMR Class of 2024 & all on this journey

I am from Thinkpad screens. From Vocera, Touchwork and pager call scenes.

I am from the smallish-town countryside city that never sleeps. From hustling, bustling, healing, and learning deep.

I am from tall pines waving in the breeze on the horizons of the surrounding fields. From four seasons producing views of beauty that peek over every hill.

I am from 'finish those notes', 'complete those tasks', and 'there's an admission waiting'.

I am from the Greats; McPhedran and Onion, whose dreams manifested by educating.

I am from the helpers and healers, huggers and leaders. From 'meet your clinic numbers' and 'are you OK? Take a breather'.

I am from laying on the heated Spirit Center floor, praying the night slows so I center my spirit.

I am from taking on the duties of aiding an intern with those two late-coming extra admits.

I am from the banks of the Kennebec, where sturgeons emerge from water to sky, and ducklings take cute little dips.

I am from the varied snacks on a long shift day, and Cheryl's delicious blueberry crisps.

I am from the affirmations of 'we will make it together', 'residency DOES end', 'the things we do for this community DO matter'.

I am from your help, your faith in me, your guidance, your care for me to be where I am today.

Thank you.

Save the Date!

Sept 3, 2024: MDFMR Community Dinner, 5:15 – 7 pm, *ACH Teaching Kitchen*

Sept 6, 2024: MGMC medical staff celebration event, 5:30 PM, *The Village Inn, Belgrade Lakes (RSVP by 9/3)*

Oct 8, 2024: NNE Faculty Development and Chief Conference, *Portsmouth NH*

Oct 29, 2024: Resident Retreat, Glen House, *Newry ME*

Dec 30 – Jan 3, 2025: Additional PGY1 orientation

May 8-10, 2025: American Geriatrics Society conference, *Chicago IL*