

## Eligibility and Selection of ONMM3 Residents

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### SCOPE

This policy applies to the Osteopathic Neuromusculoskeletal Medicine (ONMM3) Residency at Maine-Dartmouth Family Medicine Residency (MDFMR).

### PURPOSE

MDFMR does not discriminate with regard to sex, race, age, religion, color, national origin, disability, or any other applicable legally protected status. In order to ensure a process of accepting physicians into advanced training that is fair and equitable, eligibility and selection of ONMM3 residents will follow the standard procedures outlined below.

### POLICY

Selection and eligibility of ONMM3 Residency candidates will comply with all Accreditation Council for Graduate Medical Education (ACGME) requirements.

The ONMM Program Director is responsible for determining which applicants will be invited to an interview. The Program Director may consider input from program faculty in the selection process and may use discretion in determining how many trainees to accept (without exceeding the complement approved by the Accreditation Council for Graduate Medical Education [ACGME]).

The ONMM Program at MDFMR will only admit candidates into the program at the ONMM-3 level (final 12 months of training).

In order to be considered for an ONMM3 position, DO applicants must:

- Be a graduate of a US osteopathic medical school and pass all COMLEX exams
- If currently completing (or completed) primary residency in a program with ACGME Osteopathic Recognition, in an osteopathic designated position (or completed an AOA approved residency):
  - Have didactic and hands on training in common foundational osteopathic techniques during residency; and
  - Demonstrate documentation of a minimum of 50 patient encounters for OMT; and
  - Participate in osteopathic scholarly activity
- If currently completing (or completed) primary residency which does (did) not offer structured osteopathic learning opportunities:
  - Have participated in osteopathic conferences or rotations to further training during or after residency

- Submit at least one letter of recommendation from a DO the applicant worked with during primary residency or a DO colleague with whom the applicant co-treated, attesting to the applicant's manual medicine skills.
- Meet additional requirements for both DO and MD applicants

In order to be considered for an ONMM3 position, MD applicants must:

- Take and obtain passing score on the ACOFP CORTE<sub>x</sub> exam (reflects medical competency for OPP/OMM theory), or provide other equivalent demonstration of competence acceptable to the program director
- If currently completing (or completed) primary residency in a program with ACGME Osteopathic Recognition, in an osteopathic designated position:
  - Have foundational OMM/OMT training from start of primary residency; and
  - Have didactic and hands on training in the following common osteopathic techniques: muscle energy, high velocity low amplitude, counterstrain, myofascial release, osteopathy in the cranial field, articular, balanced ligamentous treatment; and
  - Demonstrate documentation of a minimum of 50 patient encounters for OMT; and
  - Participate in osteopathic scholarly activity.
- If currently completing (or completed) primary residency which does (did) not offer structured osteopathic learning opportunities:
  - Demonstrate equivalent education that incorporates foundational training in osteopathic principles and practice: This should be at least 100 hours of combined coursework (CME) and shadowing with an osteopathic physician. Must include hands on training in the following common osteopathic techniques: muscle energy, high velocity low amplitude (HVLA), counter strain, myofascial release (MFR), osteopathy in the cranial field (OCF), articular, balanced ligamentous treatment (BLT).
- Submit at least one letter of recommendation from a DO the applicant worked with during primary residency or a DO colleague with whom the applicant co-treated, attesting to the applicant's manual medicine skills.
- Meet additional requirements for both DO and MD applicants

Additionally, prior to starting ONMM3 residency, all candidates must:

- Be board certified in a primary residency by date of matriculation
- Be a graduate of an Accreditation Council for Graduate Medical Education (ACGME)-accredited or American Osteopathic Association (AOA) approved residency program in the US, or a Royal College of Physicians and Surgeons of Canada (RCPSC) or College of Family Physicians of Canada (CFPC)-accredited residency program in Canada, or a residency program with ACGME-International Advanced Specialty Accreditation prior to matriculation.
- Complete 40-hour AAO or AOA recognized cranial course
- Comply with MDFMR's Pre-Employment Screening policy (includes participating in background check and health screening)

- Be authorized to work lawfully in the United States, or be eligible for a J-1 visa
- Must have a full permanent medical license in Maine by date of matriculation

MDFMR shall have discretion in the interpretation, application and implementation of this policy. MDFMR reserves the right to modify or amend this policy.

<b>ELIGIBILITY AND SELECTION OF ONMM RESIDENTS</b>	
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