Reconciliation in the Jewish Tradition Rabbi Rachel M. Isaacs June 2019/Sivan 5779

Source Sheet by Rachel Isaacs

Reconciliation at the Foot of the Grave: Abraham and His Sons

Genesis 25:8-9

(8) And Abraham breathed his last, dying at a good ripe age, old and contented; and he was gathered to his kin. (9) His sons Isaac and Ishmael buried him in the cave of Machpelah, in the field of Ephron son of Zohar the Hittite, facing Mamre,

Rashi on Genesis 25:9

(1) יצחק וישמעאל ISAAC AND ISHMAEL
— From this we gather that Ishmael repented of his evil ways (cf.Bava Batra 16b) and yielded the precedence to Isaac. This is what is meant by the "good old age" mentioned in connection with Abraham (Genesis Rabbah 38:12).

בראשית כייה:חי-טי

(ח) וַיִּגְוַׁע וַיָּמָת אַבְרָחָם בְּשֵׁיבָה טוֹבָה זָקּן וְשָׂבֵע וַיֵּאָסֶף אֶל־עַמְּיו: (ט) וַיִּקְבְּרוּ אֹתוֹ יִצְחָק וְיִשְׁמָעֵאל בָּנִּיו אֶל־מְעַרָת הַמַּכְפֵּלָה אֶל־שְׂנֵّה עָפְרָן בֶּן־צֹחַר הַחָתֹּי אֲשֶׁר עַל־פָּנִי מַמְרָא:

רש"י על בראשית כ״ה:ט׳

(א) יצחק וישמעאל. מִכּאן שֶׁעְשָׂה
 יִשְׁמָעֵאל הְּשׁוּבָה וְהוֹלִיךְ אֶת יִצְחָק לְפָנָיו,
 וְהִיא שֵׂיבָה טוֹבָה שֶׁנֶּאֱמֵר בְּאַבְרָהָם
 (בראשית רבה):

Joseph, His Brothers, and His Past

Genesis 45:1

(1) Joseph could no longer control himself before all his attendants, and he cried out, "Have everyone withdraw from me!" So there was no one else about when Joseph made himself known to his brothers.

בראשית מייה:אי

 (א) וְלְא־יָכֹל יוֹטֵף לְהִתְאַפֵּׁק לְכָל הַנִּצָּבִים ֹ עָלְיו וַיִּקְרֶּא הוֹצִיאוּ כָל־אָישׁ מֵעָלֶי וְלֹא־עָמַד אִישׁ אִתֹּוֹ בְּהִתְוַדֵּע יוֹסֵף אֶל־אֶחָיו:

Or HaChaim on Genesis 45:1

(1) ולא יכול יוסף להתאפק, Joseph could no longer contain himself, etc. He could not wait until all those present would leave of their own accord, but he called out loudly that everyone other than the brothers be removed from his presence immediately. The Torah adds the words ולא עמד איש אתו, that no one remained with him, to underline the speed with which his servants left his presence. (2) בהתודע יוסף, when Joseph revealed himself. The letter ם before התודע means "on account of" (his revealing himself). In order for the brothers to accept Joseph's claim that he was their brother, the matter of his sale had to be aired. Joseph wanted to spare his brothers the embarassment of becoming known as people who had sold their brother, hence he had to clear everyone out of the room. When the Torah mentions immediately afterwards that Joseph wept loudly when he revealed himself and all of Egypt heard about it, this is a clear indication that Joseph was not concerned that he could be overheard. He was only concerned that his brothers' part in all this should not be overheard

אור החיים על בראשית מ״ה:א׳

(א) ולא יכול יוסף להתאפק. פירוש שלא עצר כח להמתין עד שיצאו כל הנצבים מעצמו וקרא בקול גדול הוציאו כל איש פירוש במהרה לא שיאמרו להם לצאת כי כשיצאו מעצמן יצאו במיתון ולא סבל אורך זמן ההוצאה, ואמר ולא עמד פי' לא נתעכב איש אלא במהרה תיכף יצאו יחד: (ב) בהתודע יוסף וגו'. פירוש בשביל התודעותו אל אחיו פירוש הכרת דבר כדי שיכירו ויצדיקו כי הוא יוסף ודבר זה צריך להזכירם במכירתו ולא רצה לזלזל באחיו שיחזיקו אותם בדבר נבלה כזו למכור אחיהם, ואמר בסמוך **ויתן את** קולו בבכי וישמעו מצרים וכו' הרי זה מגיד כי מה שמנע הזולת בהתודעו לאחיו לא לצדו כי הוא קרא בקול ושמעו כל העיר את הדבר אלא לצד בושת אחיו הוא שעשה מטעם הנזכר:

Genesis 45:2-5

(2) His sobs were so loud that the Egyptians could hear, and so the news reached Pharaoh's palace. (3) Joseph said to his brothers, "I am Joseph. Is my father still well?" But his brothers could not answer him, so dumfounded were they on account of him. (4) Then Joseph said to his brothers, "Come forward to me." And when they came forward, he said, "I am your brother Joseph, he whom you sold into Egypt. (5) Now, do not be distressed or reproach yourselves because you sold me hither; it was to save life that God sent me ahead of you.

בראשית מ״ה:בי-ה׳

(ב) וַיִּתַּן אֶת־קֹלוֹ בִּבְכֵי וַיִּשְׁמְעוּ מִצְרַיִם וַיִּשְׁמַע בִּית פַּרְעִה: (ג) וַיֹּאמֶר יוֹמַף אֶל־אֶחָיוֹ אֲנִי יוֹמַף הַעְוֹד אָבִי חֻי וְלְאֹ־יָכְלְּוּ אֶחִיוֹ לַעֲנְוֹת אֹתוֹ כִּי נִבְהַלָּוּ מִפָּנְיו: (ד) וַיֹּאמֶר יוֹמַף אֶל־אֶחָיו גְּשׁוּ־נָא אֵלֵי וַיִּגְשׁוּ וַיֹּאמֶר אֲנִי יוֹמַף אֲחִיכֶׁם אֲשֶׁר־מְכַרְתָּם אֹתִי מִצְרִיִמָה: (ה) וְעַתָּה ו אַל־תַּעָצְבֹּוּ וְאַל־יִחַרֹ בְּעִינִיכֶּם כִּי־מְכַרְתָּם אֹתִי הֻנָּה כִּי לְמְחְלָּה שׁלחני אַלֹהִים לפִניכַם:

Genesis 41:51

(51) Joseph named the first-born Manasseh, meaning, "God has made me forget completely my hardship and my parental home."

בראשית מ"א:נ"א

(נא) וַיִּקְרָא יוֹמֶף אֶת־מֵׁם הַבְּּכְוֹר מְנַשֵּׁה בִּי־נַשַּׁנִי אֱלֹהִים אֶת־כָּל־עֲמָלִי וְאֵת כָּל־בִּית אַבֵי:

Repentance and Reconciliation

Reconciliation:

an act of reconciling, as when former enemies agree to an amicable truce.

the state of being reconciled, as when someone becomes resigned to something not desired.

the process of making consistent or compatible.

הָתְפַּיִּסוּת, פִּיּוּס; (חשבונאות) הַתְאָמָה

זכר - זכר – Reconciliation

סיום סכסוך ברוח טובה, הַשְּׁכָּנַת שלום

Ending of conflict with a good spirit, creating a dwelling place of peace

Repentance:

deep sorrow, compunction, or contrition for a past sin, wrongdoing, or the like.

regret for any past action.

הכַאַה על חטא, חַרטַה, תִשוּבַה

pain on account of sin, engraving/regret, return

Mishneh Torah, Repentance 2:9

(9) Neither repentance nor the Day of Atonement atone for any save for sins committed between man and God, for instance, one who ate forbidden food, or had forbidden coition and the like; but sins between man and man, for instance, one injures his neighbor, or curses his neighbor or plunders him, or offends him in like matters, is ever not absolved unless he

משנה תורה, הלכות תשובה ב':ט'

(ט) אֵין הַתְּשׁוּבָה וְלֹא יוֹם הַכִּפּוּרִים מְכַפְּרִין אֶלָּא עַל עֲבֵרוֹת שֶׁבֵּין אָדָם לַמָּקוֹם כְּגוֹן מִי שֶׁאָכַל דָּבָר אָסוּר אוֹ בָּעַל בְּעִילָה אָסוּרָה וְכַיּוֹצֵא בָּהֶן. אֲכָל עֲבֵרוֹת שֶׁבֵּין אָדָם לַחֲבֵרוֹ כְּגוֹן הַחוֹבֵל אֶת חֲבֵרוֹ אוֹ הַמְקַלֵּל חֲבֵרוֹ אוֹ גוֹזְלוֹ וְכַיּוֹצֵא בָּהֶן אֵינוֹ נמחל לוֹ לעוֹלם עד שׁיּתּן לחַברוֹ מה makes restitution of what he owes and begs the forgiveness of his neighbor. And, although he make restitution of the monetory debt, he is obliged to pacify him and to beg his forgiveness. Even he offended not his neighbor in aught save in words, he is obliged to appease him and implore him till he be forgiven by him. If his neighbor refuses a committee of three friends to forgive him, he should bring to implore and beg of him; if he still refuses he should bring a second, even a third committee, and if he remains obstinate, he may leave him to himself and pass on, for the sin then rests upon him who refuses forgiveness. But if it happened to be his master, he should go and come to him for forgiveness even a thousand times till he does forgive him. $\frac{10}{10}$

שֶׁהוּא חַיָּב לוֹ וִירַצֵּהוּ. אַף עַל פִּי שֶׁהָחָזִיר לוֹ מְמוֹן שֶׁהוּא חַיָּב לוֹ צָרִיךְ לְרַצּוֹתוֹ וְלִשְׁאל מִמֶּבּוּ שֻׁיִּמְחל לוֹ. אֲפִלּוּ לֹא הִקְנִיט אֶת חֲבֵרוֹ אֶלָּא בִּדְבָרִים צָרִיךְ לְפַיְּסוֹ וְלִפְגֹעַ בּוֹ עַד שֶׁיִמְחל לוֹ. לֹא רָצָה חֲבֵרוֹ לִמְחל לוֹ מַבִיא לוֹ שׁוּרָה שֶׁל שְׁלֹשָׁה בְּנֵי אָדָם מֵרַעִיו וּפוֹגְעִין בּוֹ וּמְבַקְשִׁין מִמֶּנוּ. לֹא נִתְרַצָּה לְהָן מֵבִיא לוֹ שְׁנִיָּה וּשְׁלִישִׁית. לֹא רָצָה מְנִיחוֹ מָבִיא לוֹ וְזָה שֶׁלֹא מְחַל הוּא הַחוֹטֵא. וְאִם הָיָה רַבּוֹ הוֹלֵךְ וּבָא אֲפִלּוּ אֶלֶף פְּעָמִים עַד שַׂיִּמְחל לוֹ:

Mishnah Yoma 8

(9) One who says: I shall sin and repent, sin and repent, they do not afford him the opportunity to repent. [If one says]: I shall sin and Yom HaKippurim will atone for me, Yom HaKippurim does not effect atonement. For transgressions between man and God Yom HaKippurim effects atonement, but for transgressions between man and his fellow Yom HaKippurim does not effect atonement, until he has pacified his fellow.

משנה יומא חי

(ט) הָאוֹמֵר, אֶחֶטָא וְאָשׁוּב, אֶחֵטָא וְאָשׁוּב, אֱחָטָא וְאָשׁוּב, אֵחֶטָא וְאָשׁוּב, אֵחֶטָא מִין מַסְפִּיקִין בְּיָדוֹ לַעֲשׁוֹת הְּשׁוּבָה. אֶחֲטָא וְיוֹם הַכִּפּוּרִים מְכַפָּר, אֵין יוֹם הַכִּפּוּרִים מְכַפֵּר. עֲבֵרוֹת שֶׁבֵּין אָדָם הַכִּפּוּרִים הַכִּפּוּרִים מְכַפֵּר. עֲבֵרוֹת שֶׁבֵּין אָדָם לַחֲבֵרוֹ, אֵין יוֹם הַכִּפּוּרִים מְכַפֵּר, עַד שַׁיְּרַצָּה אֶת חֲבֵרוֹ.

"Forgiveness is Not Always a Virtue" - Rabbi Ruti Regan

https://www.myjewishlearning.com/article/forgiveness-is-not-always-a-virtue/

Forgiveness can make a lot of things possible — and not all of those things are good. The possibility of forgiveness is not intended as a way to allow people to manipulate the system and harm others with impunity.

Forgiveness can erase many things, but it can't erase the need for all conflicts. Sometimes, taking the side of the oppressed means withholding forgiveness from an oppressor.

Sin Past the Point of Return - Rabbi Daniel Nevins

https://rabbinevins.com/2018/09/27/shabbat-sukkot-5779-sin-past-the-point-of-return/

Can it be true that some damage is irreparable? Isn't the power of repentance unlimited? An intense fatalism finds expression in Midrash Rut Rabbah (3:3) where we learn that repentance can help only before one dies. In the World to Come two people who committed the same crime will have divergent receptions depending on their conduct during the rest of their lives. One repented and is now counted among the righteous, but the one who never changed in life has no chance for repair in death. "This is the gate toward the Lord, the righteous (and only the righteous!) may enter it." In a beautiful but chilling passage the residents of heaven tell the new arrival, "this world is like Shabbat, whereas the world you came from is like Friday afternoon—if you don't prepare on Friday, what will you eat on Shabbat? This world is like the sea, and that world is like the land. If you don't pack provisions on land, what will you eat at sea? Or this world is like the desert whereas that world is like the town—if you don't prepare in town, what will you eat in the desert?"

This rabbinic view of heaven is rather odd—heaven is a place of powerlessness, at least for people. Like the sea, like the desert and also like Shabbat, it is a place where one can do nothing for oneself. Without a body or perhaps without a will, one cannot perform mitzvot, and so one is unable to acquire merit and earn reward. The only remedy for this rather dark view of heaven is that later generations are able to "add merit" for their ancestors by doing good in their memory. This is the motivation for studying Torah, saying prayers like Kaddish, pledging Tzeddakah, and engaging in acts of kindness toward others in memory of the deceased. The basis for this redemptive view is found in Bavli Sanhedrin 104a, "the child adds merit to the parent (but a parent cannot add merit to the child)." In the medieval Sefer Hassidim, the doctrine is expanded (this may be the era when the custom of mourner's kaddish emerged).

A Path of Tears

Psalms 126:5-6

(5) They who sow in tears shall reap with songs of joy. (6) Though he goes along weeping, carrying the seed-bag, he shall come back with songs of joy, carrying his sheaves.

תהילים קכ"ו:ה'-ו'

(ה) הַזּרְעִים בְּדִמְעָׁה בְּרַנָּה יִקְצְּרוּ: (ו) הָּלְוֹדְ יֵלֵדְ וּ וּבָכֹה נִּשֵּׂא מֶשֶׁד־הַזָּרֶע בְּא־יָבָוֹא בְרַנָּה נִשֵּׂא אֲלָפֹּתָיו:

A Piece of My Mind

Tears

Suzanne

Brother Paul! look!

-but he rushes to a different window.

The moon!

I heard shrieks and thought: What's that? That's just Suzanne talking to the moon! Pounding on the window with both fists: Paul! Paul

—and talking to the moon. Shrieking and pounding the glass with both fists!

Brother Paul! the moon!

William Carlos Williams

I met Danny 9 years ago. This 3-year-old's face was as pale as the blonde curls matted to his sweat-drenched forehead. His thin arms propped him up as he bent forward chasing his next breath. By the time I had rotated onto pediatrics, 3 months after Danny's admission, everyone, including Danny, had accepted his fate—he was going to die. Abnormal cells had leaked out of his kidneys and invaded his lungs, tearing apart the delicate honeycombed tissue and causing him to spew blood with every couching space.

blood with every coughing spasm.

As a new intern, I was chosen to play a role in only the last scene of this tragedy. Without benefit of having known Danny before he had reached this terminal state, I felt I was an intruder, and, since I had been told there was nothing more that could be done, I felt most like an impotent imposter. I cringed whenever his mother called me "Doctor"; apparently she wanted me to feel at ease. With the help of their religion and the support of the oncology social worker, Danny's family had obviously found peace. It had been a long, painful process, but they had finally given up their beautiful son to this disease. As for me, I had not yet arrived at this point of acceptance. I was angry, frustrated, and very sad. Only Danny's mother seemed to sense that I was being forced to find my way through this maze of emotions too rapidly, and without proper preparation. Her kindness only made me feel all the more guilty and useless.

I tried to follow the lead set by my superiors, who were avoiding all unnecessary contact with Danny. But this defense only made my anguish more intense. I sought my comfort in trying to comfort Danny. At night, when the ward was quiet, I would rub his head and hold the emesis basin while he coughed. Thankfully, unlike the first few times I had tried to help, he no longer begged me to make the coughing and bleeding stop. He knew I did not have that power, knew I would cry again if he began begging

would cry again if he began begging.

My seasoned attending physician offered me no words of wisdom to help me cope with this difficult situation. Instead, he chastised me for doing "nurses' work" and warned me I would lose the family's respect if I did not change my behavior.

During the days that followed, I tried to act "more like a physician." I was acutely aware that my every move was being monitored and judged. I struggled to be less spontaneous, to be in control, to avoid the controversy I felt I was causing.

I failed again. As an intern, I was charged with drawing

arterial blood gases. When I approached Danny with the syringe, he would retreat to the corner of his crib; it required three adults to hold him still. Since I was no longer allowed to nurture Danny, I became merely his unwilling tormentor.

I tried to imagine his wrist was attached to one of the disembodied plastic limbs on which I had practiced venipuncture. But his pulse was strong, his skin warm and soft, his whimpering a constant reminder that I was invading a living being—a little boy the same age as my own towheaded son.

To make matters worse, I became convinced this torture

To make matters worse, I became convinced this torture was unnecessary. Danny was a no code. His pale blue lips and nail beds made obtaining blood gas values superfluous. But my requests to have this procedure discontinued were met with further personal attacks. "Perhaps you should reconsider your chosen profession. Your involvement is interfering with your judgment. Maybe you don't have the stomach for this work."

Tears flowed all the more now during discussions with teachers, as my tension mounted. I wanted to rip out my lacrimal glands, those organs that were my handicap, the outward sign of my inner weakness. The attendings seemed more sympathetic to the residents who were using alcohol or other drugs to escape reality than they were to me. To them, tears were intolerable and became the focus of my evaluations, overshadowing otherwise excellent case management. To me, this crying was a reaction to the constant academic pressure, the turmoil of dealing with a dying child, the unending fatigue and the frustration of having to keep my opinions to myself—of having to fit the image, so foreign to me, of the confident, all-knowing, always-in-charge physician. Weren't tears a more appropriate outlet than screaming at nurses, being brusque with patients, or using drugs? To "them," my tears announced to the world that I was ill-equipped to be a physician, yet no one could point to one incident during which I had performed inadequately because of my "handicap." I wasted hours wondering if they wave right.

wasted hours wondering if they were right.

Much has happened since that time, 9 years ago. Part of me was stubborn enough to stick it out and believe I could be a good physician. I was lucky enough to find other interns who shared similar doubts and concerns, and together we helped each other grow. I was not unstable, as one of my attendings had suggested, but I would admit to being unable to completely suppress, or repress, my emotions. I still cry too easily. I still get frustrated and angry when I feel helpless, still irritable when I am exhausted and overworked. I still feel very vulnerable. All that has changed is the context. Currently, as a physician in private practice, I find I have been able to deal with the realities of life and illness better than I dealt with the daily process of medical education. My patients judge me less harshly than my professors used to. Rather than assuming my tears are signs of weakness, my patients tend to see them as my way of acknowledging that we share the vicissitudes of the

human condition and that they are not alone in their sorrow. I rarely have to pound the window with both fists now.

Paula S. Krauser, MD, MA Edison, NJ

"Suzanne" from Collected Poems Vol. II, 1939-1962. Copyright 1944 by William Carlos Williams. Reprinted with permission of New Directions Publishing Corp.

A Piece of My Mind

3612 JAMA, June 23/30, 1989—Vol 261, No. 24

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Berakhot 32b

R. Eleazar also said: From the day the Temple was destroyed, the gates of prayer were locked; as it is said, "Yea, when I

ברכות ל״ב ב

וא"ר אלעזר מיום שחרב בית המקדש ננעלו שערי תפלה שנאמר (איכה ג, ח) cry and call for help, He shutteth out my prayer" (Lam. iii. 8). But although the gates of prayer are locked, the gates of tears remain unlocked; as it is said, "Hear my prayer, O Lord, and give ear unto my cry; keep not silence at my tears" (Ps. xxxix. 13).

גם כי אזעק ואשוע שתם תפלתי ואע"פ ששערי תפלה ננעלו שערי דמעה לא ננעלו שנאמר (תהלים לט, יג) שמעה תפלתי יי ושועתי האזינה אל דמעתי אל תחרש

All The Tears by Adrienne Maree Brown

Ocean is a bowl of salt and water So am I

Whispering and weeping of a son or daughter

Gone to the sky

Or the dirt No one knows for bone deep certain

Which way is up

We spin towards the sun until it hurts

We spill the cup

It stings the face to try and dam it all in

What comes to flow

It wears us out to try and grasp the edge

When it's time to go Goodbye, to the part of you who thinks

You see me from above

No enemy can know me without weeping in this way

In all this love

